



## G- GRAB Hold Of The One Who Understands

(Hebrews 1-4, 12)

Sunday, April 14, 2019 AVBC 10:30 am

### Q: How can Jesus understand what I'm going through?

-Hebrews 1:1-3; 2:14-18

#### 1. JESUS UNDERSTANDS BECAUSE HE WAS MADE \_\_\_\_\_ YOU.

-Hebrews 2:14, 17, John 1:14

#### 2. JESUS UNDERSTANDS BECAUSE HE HAS EXPERIENCED \_\_\_\_\_.

*But it was the LORD's good plan to crush him and fill him with grief...When he sees all that is accomplished by his anguish, he will be satisfied. And because of what he has experienced, my righteous servant will make it possible for many to be counted righteous, for he will bear all their sins (Isaiah 53:10a,11) (NLT) (also Isaiah 53:3b-6, Heb. 2:10, 18)*

*...We turned our backs on him and looked the other way when he went by. He was despised, and we did not care. Yet it was our weaknesses he carried; it was our sorrows that weighed him down. And we thought his troubles were a punishment from God for his own sins! But he was wounded and crushed for our sins. He was beaten that we might have peace. He was whipped, and we were healed! All of us have strayed away like sheep. We have left God's paths to follow our own. Yet the LORD laid on him the guilt and sins of us all. (Isaiah 53:3b-6)*

#### 3. JESUS UNDERSTANDS BECAUSE HE HAS ENDURED \_\_\_\_\_.

(Hebrews 2:18; 4:15-16)

#### 4. JESUS UNDERSTANDS BECAUSE HE'S RIGHT IN THE MIDDLE OF YOUR \_\_\_\_\_ AND YOUR \_\_\_\_\_ WITH YOU

-Hebrews 2:10; 12:2-3

-ἀρχηγός =one who leads so that others may \_\_\_\_\_ (trailblazer)

Our "Trailblazer" does three things for us:

- He \_\_\_\_\_
- He \_\_\_\_\_
- He \_\_\_\_\_

## DIGGING DEEPER

(For use in personal/family devotions or with your care group)

Q1: Can you think of someone in your life who really "gets" you? If so, who is that person? What do you think enables the connection between the two of you to be so strong?

Q2: Many people struggle because they feel like nobody really understands them or gets what they are going through. Why do you think there is such a strong drive in us to have someone truly "know" us?

Q3: What do the following verses teach us about the humanity of Jesus and how that affects His impact on us and our world? Philippians 2:5-8, Galatians 4:4-7, Luke 2: 49-52, Mark 6:1-3.

Q4: Jesus is able to understand what we are going through because He too was flesh and blood. What does the following quote say about Jesus' ability to relate to us and our response to Him?

*Praise Him for the incarnation, for the word made flesh. I will not sing of shepherds watching flocks on frosty nights, or angel choristers. I will not sing of a stable bare in Bethlehem, or lowing oxen, wise men trailing star with gold, frankincense, and myrrh. Tonight I will sing praise to the Father who stood on heaven's threshold and said farewell to his Son as he stepped across the stars to Bethlehem and Jerusalem. And I will sing praise to the infinite, eternal Son, who became most finite, a baby who would one day be executed for my crime. Praise him in the heavens, Praise him in the stable, Praise him in my heart. (Joseph Bayly)*

Q5: Pastor David emphasized that the Lord is with us in the midst of our muck. What do the following verses say about that? Josh. 1:9, Matt. 28:20, Hebrews 13:5, Rom. 8:38-39, Psalm 23:4.

Q6: John Piper is quoted as saying, "*Sin (lust for example) gets its power by persuading me to believe that I will be happier if I follow it. The power of all temptation is the prospect that it will make me happier.*"

Have you ever experienced a time when someone or something promised happiness but didn't come through? What did that experience teach you about temptation?

Q7: During this series we studying 8 important action steps we need to take when we find ourselves in a maze. Review the list below. Which action step has helped you the most? Why?

- A** Acknowledge Christ's power to make a way through the maze.
- M** Maintain a firm grip on the Word of God.
- A** Accept the support of others along the way.
- Z** Zoom in on the good stuff in your life.
- I** Ignore the stuff that is cluttering up your life.
- N** Navigate your next step by heading towards God's grace.
- G** Grab hold of the One who understands the struggle you are going through.
- !** Place your hope in the God of surprising outcomes!

Q8: Next Sunday we wrap up our series by choosing to place our hope in the God of surprising outcomes. What "maze" are you wrestling with that needs God's supernatural and surprising intervention? Take a moment right now to hand that situation over to the Lord and ask Him to intervene in whatever way He sees best.