The Heart Of A Teenager
(Exodus 1:7-12:1)

Sunday, May 26, 2019
AVBC 10:30 am

Q1: What would you say is the hardest part about being a teenager today?
Q2: If there was one thing you would want people to know about teenagers what would it be?
Q3: What is your hope for the world/future?

“Remember your Creator in the days of your youth, before the days of trouble come...” – Exodus 12:1a

PT1 – Adults (Exodus 11:7-8)

A) Teens today are not __________________________
   • “Generation Z” (1995-2010)
   • Who are today’s teens?

B) Teens today face things we ____________ ____________
   • Common problems teens face:

C) Teens are searching
   • Life is about transition
   • Teenagers are loved and valued by God!

PT2 – Teenagers (Exodus 11:9-12:1)

1) You ___________ !!!!! (vs. 11:9)
   • Enjoy life... go for it!
   • 1 Timothy 4:12-16, Jeremiah 29:11-14

2) You are _____ !!!!! (vs. 11:10)
   • You are not.../You are...
   • “Banish anxiety... troubles”

3) Invite God Along for the Ride (vs. 12:1)
   • Seek help from others, find a mentor!!
   • You are NOT alone. Deuteronomy 31:6/Hebrews 13:5

DIGGING DEEPER
(For use in personal/family devotions or with your care group)

Q1: Thinking back, share a time you struggled as a teenager. Share a time when life was good.
Q2: As a teenager who in your life acted as a helper/mentor, someone you could lean on?
Q3: As a teenager what were your hopes for our world/future? How did these hopes change over the years?
Q4: If you could tell teenagers one thing about life today what would you say?
Q5: How do you see yourself encouraging teenagers today with the common problems they face?
Q6: How has Deut. 31:6/Heb. 13:5 encouraged you to invite God along for the ride in your life?
Q7: Read 1 Timothy 4:12-16 in what ways are you living as an example to others. In what ways are you being “diligent in these matters?”
Q8: Spend some time praying for our teens at Alta Vista Baptist.