



## Blessednessnessness (Psalm 1)

Sunday, June 30, 2019 AVBC 10:30 am

### INTRODUCTION TO THE PSALMS

1. The Psalms are the \_\_\_\_\_ of the Bible.
2. The Psalms are not so much \_\_\_\_\_ speaking to man as \_\_\_\_\_ speaking to God.
3. The Psalms are filled with raw \_\_\_\_\_ & feelings. (*Psalm 69:1-3*)
4. The Psalms were written by a broad range of people regarding a broad range of \_\_\_\_\_.

5. The Psalms are divided into \_\_\_\_\_ distinct sections.

- |                 |             |  |
|-----------------|-------------|--|
| • Psalm 1-41    | Genesis     | Intro to human life/need               |
| • Psalm 42-72   | Exodus      | Redemption                             |
| • Psalm 73-89   | Leviticus   | Worship (Tabernacle)                   |
| • Psalm 90-106  | Numbers     | Wilderness/Testing                     |
| • Psalm 107-150 | Deuteronomy | 2 <sup>nd</sup> Law...new life (Jesus) |

### Q: How can we experience all of God's BLESSEDNESSES?

*Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ! (Eph. 1:3)*

I. A \_\_\_\_\_ (vs.1-3)

- wicked-
- sinners-
- mockers-

*Do not be misled: "Bad company corrupts good character." (1 Corinthians 15:33)*

- delight

*...as newborn babes, desire the pure milk of the word, that you may grow... (1 Peter 2:2)*

- meditate

*Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is. (Romans 12:2) (NLT)*

II. A \_\_\_\_\_ (vs.3-4)

- It is p \_\_\_\_\_ (Matthew 15:13)
- It is f \_\_\_\_\_

*"They are refreshing and nourishing to be around. You go away from them fed. You go away strengthened. You go away with your taste for spiritual things awakened. Their words are healing and convicting and encouraging and deepening and enlightening. Being around them is like a meal." (John Piper)*

- It is l \_\_\_\_\_

III. A \_\_\_\_\_ (vs.5-6)

### DIGGING DEEPER

(For use in personal/family devotions or with your care group)

Q1: Who are what have been some of the key influences in your life? Did they influence you for good or bad? Explain.

Q2: Study Genesis 13:11,12 and Genesis 19:1. Is there evidence of a "slow fade" or "gradual decline" in Lot's life? What contributed to his decline?

Q3: Have you ever tried meditating on the Word of God? If so, what was your experience? What it a beneficial experience? Explain...

Q4: Pastor David mentioned three key words to describe the tree outlined in Psalm 1; planted, fruitful and lasting. Which of those three words mean the most to you right now? Why?

Q5: Read through Psalm 119 and specifically note two or three attributes or effects of the Word of God that are especially important to you right now. Note them...and then take some time to thank the Lord for His Word!