



## The Cost of Praise

Psalm 134

Sunday, July 7, 2019

AVBC 10:30 am



*"<sup>1</sup>Praise the Lord, all you servants of the Lord who minister by night in the house of the Lord. <sup>2</sup>Lift up your hands in the sanctuary and praise the Lord. <sup>3</sup>May the Lord bless you from Zion, he who is the Maker of heaven and earth." – Psalm 134*

□ Psalm 120-134 "Songs Of Ascent"

What is "PRAISE?" (Adoration, Thanksgiving, Worship, Appreciation...)

## 1) Praise Is \_\_\_\_\_

"Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name." – Hebrews 13:15

- Self
- Time
- Fun
- Pride
- Sadness

"I will praise the Lord at all times. I will constantly speak his praises." – Psalm 34:1

## 2) Praise Changes Our \_\_\_\_\_

- It's not about you
- Praise redirects our focus

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." – Philippians 4:8

## 3) Praise Leads Us To God's \_\_\_\_\_

"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations." – Psalm 100:4-5

- Psalm 34:1, 63:4, 71:8, 71:14, 119:175, 139:7



### DIGGING DEEPER

(For use in personal/family devotions or with your care group)

- Q1:** What are some ways you Praise God?
- Q2:** What are some things you Praise God for?
- Q3:** What has/does your Praise to God cost you?
- Q4:** Share a time in your life when your Praise to God has changed your perspective on your circumstances.
- Q5:** Psalm 134:2 calls us to "Lift up our hands... and praise the Lord." Do you feel comfortable doing this? Why/Why not? What prevents us from worshipping like this?
- Q6:** Read through the Psalm verses in #3. In what ways do you need to change in order to live a life of praise?