Hope for Help
Psalm 130
Sunday, August 25, 2019  AVBC  10:30 am

“...Lord, where do I put my hope? My only hope is in you.” – Psalm 39:7

“...Let your unfailing love surround us, Lord, for our hope is in you alone.” – Psalm 33:22

Psalm 120-134 “Songs Of Ascent”

Has there been a time when you have had to cry out for help?

1) “Who Could Stand?” (vs. 1-4)

“For all have sinned and fall short of the glory of God.” – Romans 3:23

- God is LISTENING (Psalm 66:19-20, 1 Peter 3:12, 1 John 5:14-15)
- A record book you don’t want to be a part of... (Romans 3:9, 23, 5:12, Psalm 106:6)
- God is FORGIVING (Romans 3:24, 6:23, Galatians 3:22, Ephesians 2:8-9, 1 John 1:9)

“O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help.” – Psalm 86:5

2) Hope While Waiting (vs. 5-6)

“Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.” – Hebrews 10:23

- Hope in His WORD
  “May those who fear you rejoice when they see me, for I have put my hope in your word...” – Psalm 119:74-77
- Wait for His TIME
  “In the morning I lay my requests before you and wait in expectation.” – Psalm 5:3 (Psalm 27:14, Isaiah 40:31, Romans 8:5)

3) Where Does Your Hope Lie? (vs. 7-8)

“Let us hold unswervingly to the hope we profess, for he who promised is faithful.” – Hebrews 10:23

- Hope in the LORD (Psalm 33:22, 39:7)
- Trust His unfailing LOVE (Psalm 136:1–3, Ephesians 3:17–19)
- He will REDEEM! (gain or regain possession of something in exchange for payment.)

“He provided redemption for his people; he ordained his covenant for forever – holy and awesome is his name.” – Psalm 111:9
Romans 3:22-24, Galatians 3:13-14, Ephesians 1:7, Colossians 1:14

DIGGING DEEPER
(For use in personal/family devotions or with your care group)

Q1: Share a time when you had to cry out for help.
Q2: What are some truths/principles that you stand for no matter what?
Q3: Share a story about how God clearly answered your prayer.
Q4: Read the verses in #2. In what ways do you need to learn to wait on God? How is He challenging you in times of waiting?
Q5: What are some things we tend to put our hope in other than God?
Q6: What do you think about the definition of REDEEM? How does this change your view about what Jesus did for you?