How to Spend Two Hours with God
Sunday, January 26, 2020  AVBC 10:30 am

SOLITUDE is a gift from the Lord that I must choose to embrace, enabling me to withdraw from the pressures of life in stillness and silence in order to be restored by Him.

S__________________ (Matthew 6:33)
>__________ some things to open up some time
>Schedule a time when you are most _________. (Mal. 1:8-14)
>Schedule a place free of ___________________.

O__________________ (Acts 16:6-10)

L__________________ (Acts 20:7-11)
>Listen for God’s voice in _____________. (II Tim. 3:16-17)
>Listen for God’s voice in s_______________ (I Kings 19)

I__________________ (Psalm 119:15)
As they studied the law, they discovered that the LORD had commanded through Moses that the Israelites should live in shelters during the festival to be held that month. (Neh. 8:14)

T__________________
Don’t fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God’s wholeness, everything coming together for good, will come and settle you down. It’s wonderful what happens when Christ displaces worry at the center of your life. (Phil. 4:6,7) (The Message)

>Pray out _____________.
>Pray with paper and _________.

U__________________ (II Peter 5:6-7)
>Make a to-do ____________
>Make a ____________ list

So humble yourselves under the mighty power of God, and in his good time he will honor you. Give all your worries and cares to God, for he cares about what happens to you. (II Peter 5:6,7) (NLT)

D__________________ (Psalm 37: 3-5, 7a)

E__________________

>Ask God some key ________________ (Acts 22:6-10)
>Make a _______ to-do list (Proverbs 14:15)

DIGGING DEEPER
(For use in personal/family devotions or with your care group)

Q1: If you had 2 hours to do whatever you wanted to do, what would you do?
Q2: Why do you think we struggle with spending extended time with the Lord?
Q3: Read Genesis 18:1-15. What does this passage teach you about what it looks like to spend time with the Lord and what happens when we do?
Q4: What do you think of the following quote? Agree? Disagree? Why?
Jean Flemming- “How Can I Find Time”- “Perhaps the most common reason we don’t spend time with God is that we mistakenly believe our worth and the advancement of the gospel is measured by activity. We wonder if our believing friends, our pastor, or even the Lord Himself will think we’re uncommitted and self-indulgent if we aren’t busy. To spend time beyond our regular devotions seems like we are doing nothing when we could be doing something more ‘productive’. At the centre of the onion, if we keep peeling, is the vague idea that spending large blocks of time alone with God is not only lazy, but callous to the world’s needs”
Q5: What do the following verses teach you about listening?
Q6: On a scale of 1 to 10, how would you rate your daily time with the Lord? What would it take to move it closer to a 10? Pray about this right now.