

# HABITS

## (9) Spiritual Habits (in 30 minutes...)

Sunday, February 9, 2020

AVBC 10:30 am



*"Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come."* – 1 Timothy 4:7-8



Physical discipline vs. Spiritual discipline

### 1) READ God's \_\_\_\_\_

"For Ezra had devoted himself to the study and observance of the Law of the Lord, and to teaching its decrees and laws in Israel." – Ezra 7:10

- ☉ Meditate, Memorize, Apply

### 2) \_\_\_\_\_ Regularly

"Devote yourselves to prayer, being watchful and thankful." – Colossians 4:2

- ☉ Expectation, Consistency, about Everything!

### 3) \_\_\_\_\_ Daily

"Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness." – Psalm 29:2

- ☉ Focus and Response, Lifestyle, VERB

### 4) \_\_\_\_\_ Faithfully

"What does the Lord your God ask of you but to fear the Lord your God, to walk in obedience to him, to love him, to serve the Lord your God with all your heart and with all your soul." – Deuteronomy 10:12

- ☉ Jesus' example, Motivated by love, Spiritual Gifts

### 5) \_\_\_\_\_ Cheerfully (Stewardship)

"...Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver." – 2 Corinthians 9:7

- ☉ Time, Money, with Thankfulness

### 6) \_\_\_\_\_ with Focus

"But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you." – Matthew 6:17-18

- ☉ Not just food, Purposeful, Act of worship

### 7) Worship in \_\_\_\_\_ / \_\_\_\_\_

Matthew 14:23, Mark 1:35, Luke 4:42, 5:16, 6:12 – Jesus' example

- ☉ Make space for LISTENING, Keep it simple

### 8) Commit to \_\_\_\_\_

"The heart of the discerning acquires knowledge; the ears of the wise seek it out." – Proverbs 18:15

- ☉ Takes discipline, Many ways, Fellowship

### 9) Share your \_\_\_\_\_ (Evangelism)

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." – Acts 1:8 (Matt. 28:19-20, Mark 16:15, Luke 24:47-48, John 20:21)

- ☉ Expected, Empowered, Intentional



#### DIGGING DEEPER

(For use in personal/family devotions or with your care group)

- Q1: What is one thing you can do to improve your intake of God's Word?
- Q2: Share about a time that God clearly answered your prayer.
- Q3: How do you put ACTION into your daily worship?
- Q4: In what ways is God calling you to use your gifts to serve?
- Q5: How can you commit your time and money to God's use?
- Q6: Will you commit to a time of fasting and prayer to seek God? When?
- Q7: What habits do you need to begin in order to commit to learning?
- Q8: When have you seen the Holy Spirit empower your Evangelism?