

Where Does My Help Come From?

(Psalm 121)

Sunday, March 22, 2020 AVBC 10:30 am

- Although God is your help, that does not mean that He will _____ you from all _____.

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33)

- God does _____ you in many situations.
- When God calls you to walk a _____ path He _____ beside your every step of the way.

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you. (Deuteronomy 31:6)

Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. (Psalm 23:4)

Q: What kind of help does God provide?

1. God provides _____ help. (vs.3-4) (Is.40:28-31)

O Israel, how can you say the Lord does not see your troubles? ...Have you never heard or understood? Don't you know that the Lord is the everlasting God, the Creator of all the earth? He never grows faint or weary...He gives power to those who are tired and worn out; He offers strength to the weak. (Isaiah 40:27a, 28a, 29) (NLT)

2. God provides _____ - _____ help. (vs. 5-6)

3. God provides all _____ help. (vs. 7-8)

I'm really up against it. My life is filled with so much turmoil and pressure. How am I ever going to make it through? Who can I turn to for support and help? God, are you enough?

Yes! Yes, God is enough! He is the maker of heaven of earth. He created you. He knows you intimately. He holds the whole universe together by His power. He is up to the challenge of caring for you.

But what happens if I slip? I don't feel very stable. I feel like I could stumble and fall at any moment. Is God aware of my situation?

God is completely aware of what you are facing. God hasn't dozed off. He knows where you are at and He is on "red alert" for you.

But the stuff I am dealing with is relentless. It beats down on me during the day and it torments me at night. I feel like I am going crazy.

It might feel like it sometimes, but no, you are not going crazy. God's got you covered. He will protect you. He will guard your heart and your mind in Christ Jesus. He will give you a sound mind.

But the transitions I am facing are overwhelming. It feels like one change piled upon another. I don't know whether I'm coming or going sometimes.

Hang it there! God is sufficient for ever twist and turn in the road. He knows what's around the next corner. He's got your back...and so do we!

We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. (II Corinthians 4:8,9)