



## Up From The Cave He Arose (Psalm 142)

Sunday, May 23, 2021 AVBC

G \_\_\_\_\_  
R \_\_\_\_\_  
O \_\_\_\_\_  
W \_\_\_\_\_

### GOAL

For David to rise above the discouraging “\_\_\_\_\_ circumstances”  
he found himself in

### REALITY

1. David felt \_\_\_\_\_ (v.2)
2. David felt \_\_\_\_\_ (v.3)
3. David felt \_\_\_\_\_ (v.4)
4. David felt \_\_\_\_\_ (v.4)
5. David felt \_\_\_\_\_ (v.6)
6. David felt \_\_\_\_\_ (v.6)
7. David felt \_\_\_\_\_ (v.6)
8. David felt \_\_\_\_\_ (v.7)

- Reality- David had been anointed to be \_\_\_\_\_
- Reality- \_\_\_\_\_ is with David in the cave

### OPTIONS

\*Option 1- Give \_\_\_\_\_

\*Option 2- Give \_\_\_\_\_

\*Option 3- Give \_\_\_\_\_

### WILL

- \_\_\_\_\_ to God (vs.1,5,6)
- \_\_\_\_\_ to God (v.3)

*But if I go to the east, He is not there; if I go to the west, I do not find Him. When He is at work in the north, I do not see Him; when He turns to the south, I catch no glimpse of Him. But He knows the way that I take; when He has tested me, I will come forth as gold. (Job 23:8-10)*

- \_\_\_\_\_ God (v.5)
- \_\_\_\_\_ God (v.7) (Psalm 57)

*O magnify the LORD with me, And let us exalt His name together. (Psalm 34:3)*

### DIGGING DEEPER

(For personal study, family devotions or Care group use)

Q1: Have you ever spent time in a real life cave? If so, what was the experience like?  
Q2: Have you ever gone through a “cave-like” experience in your life? What were the circumstances surrounding that time? What emotions rose up within you during that time?  
Q3: Take some time to read Psalm 34, 56, 57 and 142. Can you relate to what the psalmist is experiencing? Did these passages give you renewed perspective/hope? If so, how?