

FOUNDATIONS IN Romans

Romans 8:31-39

Sunday, August 1, 2021

Alta Vista Baptist Church



“...if God is for us, who can be against us?” – Romans 8:31b

❑ Broken Christmas toys...



1) If God is for us, who can be against us? (vs. 31-32)

“The Lord is on my side; I will not fear. What can man do to me? The Lord is on my side as my helper; I shall look in triumph on those who hate me. It is better to take refuge in the Lord than to trust in man. It is better to take refuge in the Lord than to trust in princes.” – Psalm 118:6-8

● Daniel 3, Joshua 1, Acts 7

2) Who can bring a charge against us? (vs. 33)

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose. For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.” – Romans 8:28-30

3) Who is the one that condemns us? (vs. 34)

“For we must all appear before the judgment seat of Christ, so that each of us may receive what is due us for the things done while in the body, whether good or bad.” – 2 Corinthians 5:10

“For the Father judges no one, but has given all judgment to the Son.”
– John 5:22

4) Who can separate us from the love of Christ? (vs. 35-39)

“But thanks be to God, who gives us the victory through our Lord Jesus Christ.” – 1 Corinthians 15:57

“Give thanks to the God of heaven. His love endures forever.”
– Psalm 136:1-26

“And I know I don't deserve this kind of love. Somehow this kind of love is who You are. It's a grace I could never add up. To be somebody You still want. Somehow, You love me as You find me.” – [As You Find Me](#) (Hillsong)



DIGGING DEEPER

(For use in personal/family devotions or with your care group)

Q1: Share about a time something broke that was special to you.

Q2: If you were to make a list of those who are against you, who would be on that list? Take a few moments to pray for each person. How can you begin to heal those relationships?

Q3: Consider the accounts of Daniel 2, Joshua 1 and Acts 7. Share about a time when you had this kind of confidence in the presence of God?

Q4: Read Luke 6:37-42. Is there anyone you need to ask forgiveness from because you have been quick to judge them?

Q5: Read Romans 8:18-30. How does this passage encourage you in present suffering?

Q6: Read 1 John 3:19-21. Sometimes our own hearts will try to condemn us. How have you responded to this temptation in the past? What have you done differently to overcome this?

Q7: What does it mean to be “more than conquerors”? How can you do this?

Q8: When we are in distress we may feel very far from God. Think about how you have felt in these situations. What did you try to do in your own strength? How did you rely on God? What encouragement can you take with you the next time you are faced with distress from Romans 8:35-39?