

# FOUNDATIONS IN Romans

## Romans 14:1-23

Sunday, November 28, 2021

Alta Vista Baptist Church



*“So let’s stop condemning each other. Decide instead to live in such a way that you will not cause another believer to stumble and fall.” – Romans 14:13*

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- Why is personal freedom such a hot topic these days?



### 1) \_\_\_\_\_ vs. \_\_\_\_\_ (vs. 1-11)

- Through Jesus we become authentic. (vs. 7-9)

“Whether you eat or drink, or whatever you do, do all to the glory of God.”  
– 1 Corinthians 10:31

- We are created to submit to the Lordship of Jesus Christ. (vs. 10-11)

(1 Corinthians 6:20; 7:23; 1 Peter 1:18)

### 2) The Law of \_\_\_\_\_ (vs. 12-16)

- Put *stepping stones* in other people’s way!

“But you must be careful so that your freedom does not cause others with a weaker conscience to stumble. For if others see you—with your “superior knowledge”—eating in the temple of an idol, won’t they be encouraged to violate their conscience by eating food that has been offered to an idol...”  
– 1 Corinthians 8:9-10 (Matthew 6:13, 2 Corinthians 6:3, 1 John 2:9-11)

### 3) \_\_\_\_\_ Living (vs. 17-23)

- Don’t undo the work of God!

“...So this weak brother or sister, for whom Christ died, is destroyed by your knowledge. When you sin against them in this way and wound their weak conscience, you sin against Christ. Therefore, if what I eat causes my brother or sister to fall into sin, I will never eat meat again, so that I will not cause them to fall.” – 1 Corinthians 8:11-13 (John 14:27, Romans 14:19)

*“I was found before I was lost. I was Yours before I was not. Grace to spare for all my mistakes. And that part just wrecks me.” – [As You Find Me](#) (Hillsong)*



#### DIGGING DEEPER

(For use in personal/family devotions or with your care group)

**Q1:** What are some issues that Christians are really legalistic about? Which of these issues are “nonessentials?”

**Q2:** How would you explain that it is right for one Christian to abstain from meat out of service to the Lord while another Christian can eat the same meat and give thanks to God?

**Q3:** Why does the reality of the Lord’s final judgement have an impact on how we relate to one another in the church?

**Q4:** Read 1 John 2:9-11. What “stumbling blocks” are currently in your life? Are there any that you are imposing on someone else’s life?

**Q5:** Read 1 Corinthians 8:9-13. What “stepping stones” can you add to someone else’s life?

**Q6:** Read Hebrew 12:14-17. Why is it good for Christians to “make every effort to do what leads to peace and mutual edification?”

**Q7:** In what ways do you need to change your attitude, your mind, or your perspective in order to continue to “build up” others in the church?