



The Majesty of Meekness (Matt. 5:5 and Ps. 37:1-11)

Sunday, January 28, 2024 AVBC 10:30 am

-Meekness = gentle, patient, forbearing, tame

-Nelson's Bible Dictionary- "An attitude of humility toward God and gentleness toward men, springing from recognition that God is in control."

-Numbers 12:3, Matthew 11:29

*Power that is under God's control leads to _____

*Power that is _____ of God's control leads to harm

-Judges 13-16

1. Meekness means you don't _____ about the wicked. (vs.1-2, 7-8,10)

*Meekness is the power to absorb adversity and criticism
without lashing back. Rev. John Piper)*

-II Samuel 16:5-13

2. Meekness means you _____ God to do what only He can do. (vs. 3,5-6)

Q: What's YOUR "this"?

"Trust in Him and He will do _____??_____"

3. Meekness means you are completely _____ with the Lord. (v.4)

*delight = soft, delicate, luxurious, that which you take exquisite delight in

-Isaiah 66:10-11

I sleep but my heart is awake. Listen! My beloved is knocking: "Open up to me...my darling, my dove..." (Song of Solomon 5:2)

4. Meekness means you _____ the "shalom" of God. (v.9, 11)

DIGGING DEEPER

(For use in personal/family devotions or with your care group)

Q1: Meekness is *power under control*. Can you think of some examples of what that looks like in our world? What does *power out of control* look like?

Q2: Study James 1:19-27. What are one or two meekness principles that stand out to you? What is one way you can seek to apply one of those principles to your life this week?

Q3: Psalm 37:5 tells us to "commit" our ways to the Lord. What are some biblical examples of "heavy" situations that were "rolled" onto the Lord? How about in your own life?

Q4: What do you think of the quote below? Have you ever experienced what Keller describes? If so, explain.

*"If we trust, if we relinquish our will and yield to the Divine will, then we find that we are afloat on a buoyant sea of peace and under us are the everlasting arms."
(Helen Keller)*

Q5: In the passage below how does David describe his delight in the Lord? What do you think being "beloved" by God means?

*My heart is confident in you, O God; no wonder I can sing your praises with all my heart!... For your unending love is higher than the heavens. Your faithfulness reaches to the clouds. Be exalted, O God, above the highest heavens. May your glory shine over all the earth. Now rescue your beloved people. Answer and save us by your power.
(Psalm 108:1, 4-6)*

Q6: What do you truly delight in or find exquisite delight in? What does that look like in your walk with the Lord and your delight in Him?

Q7: Psalm 37:5 instructs us to trust in the Lord and "He will do this". What is the "this" in your life right now that you sense you need to surrender to the Lord and simply trust Him with?