



Sunday May 19, 2024
Alta Vista Baptist Church

John 14:4



“Do not let your hearts be troubled. You believe in God; believe also in me. My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going.” – John 14:1-4

● The “State of Heart” of the Disciples

1) Hearts can be calmed because there is ample evidence to believe in God.

Evidence the disciples have:

Evidence believers have today:

2) Hearts can be calmed because Jesus Himself is God, and there is ample evidence to believe this.

Evidence the disciples have:

Evidence believers have today:



DIGGING DEEPER

(For use in personal/family devotions or with your care group)

Q1: What is your biggest phobia or fear in life?

Q2: What would it look like to trust in God in a recent anxiety in your life?

Q3: Read 1 Peter 3:14-15. What is Peter’s key to overcoming fear?

Q4: 1 Peter 1:3-7. How has the promise that Jesus is preparing a place for you affected the way you live your life today?

Q5: How can focusing on the troubled heart of Jesus help us with our own troubled hearts? Pray for the Lord’s leading in any anxiety in your life.